

# PATIENT INFORMATION PRE-OPERATIVE INSTRUCTIONS FOR PENILE IMPLANT SURGERY

Dr Christopher Love  
Urological Surgeon  
M.B. B.S. F.R.A.C.S.  
Provider No. 049428AL

CONTACT:

96604911  
1800 DRLOVE  
1800 375 683  
info@drlove.com.au  
www.drlove.com.au

CONSULTING AT:

Homes Glen Private  
Hospital Level 2,  
490 South Rd  
Moorabbin VIC 3189

Men's Health Melbourne  
Level M 233 Collins St  
Melbourne VIC 3000

SPECIALIST IN:

Penile Implant Surgery  
Erectile Dysfunction  
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BPH Management  
-UroLift  
-Greenlight Laser  
Penile Rehabilitation  
Incontinence after cancer  
"No Scalpel" Vasectomy  
Men's Health Advice  
Stone Disease General  
Urology

## One - two weeks before surgery

- Make sure you have had your pre-operative blood tests and urine test done, so we can check the results are OK, and won't delay your operation
- It is really important that your diabetes is well controlled, so if your HbA1c blood test is raised your surgery may need to be postponed as the risk of infection is much higher.
- Work out if you will need to stop blood-thinning medications, according to the instructions below
- Inspect the skin around the penis and scrotum area in the days leading up to your operation. If you notice any pimples, boils, cuts or scratches you must report those to Dr. Love a few days before surgery so we can see how significant they may be. We may even need to postpone your surgery if there are areas like this that can increase the infection risk.

## Blood-thinning medications

- Cease Aspirin 7 days before surgery
- Plavix or Iscover must be ceased 7 days before surgery
- Warfarin must be ceased 4 days before surgery.
- Pradaxa/ Xarelto/ Eliquis should be ceased 3 days before surgery
- Some patients on these blood-thinning medications will require substitute medications during this time, and should check with Dr. Love and their GP about that

### **3 days before surgery**

Purchase Chlorhexidine Surgical Handwash 500ml from your pharmacy.  
(Gamphen or Sapoderm soap is an alternative)

- Wash with the solution twice a day for 3 days before surgery, using it on all the areas between the belly-button and the knees, and particularly around the genital area, around the anus and in the skin creases.

- A shave of the operative area will be part of the procedure.
- DO NOT SHAVE the operative area yourself before surgery.

- Get the prescription we have sent you made up at your chemist:

It is for Bactrim DS, an antibiotic. (If you are allergic to Sulpha antibiotics, another medication, usually Doxycycline, will be used).

### **One day before surgery (the day before admission).**

- Start the Bactrim DS antibiotic (or substitute if allergic to Sulpha)

- This tablet is taken twice a day, morning and night, commencing the morning of the day before your surgery

- Bring the tablets with you to hospital, and you will be allowed to take one the morning of surgery with a small sip of water even though you are fasting, and will start them again when you leave hospital.

- Other medications

- You should continue all your other routine medications as prescribed by your GP

### **Admission to hospital and Fasting**

- Follow the instructions you will receive separately about admission times and procedures.

- You will need to be admitted at least 2 hours before surgery, to enable intravenous antibiotics to be given prior to your surgery.

If you are coming from a rural area, interstate, or if your surgery is early in the morning, you may need to come to hospital the night before surgery to enable this to happen.

- Have nothing to eat for 8 hours, and nothing to drink for 6 hours before your surgery, with the exception of the sips of water for medications, as mentioned above and below.

- The morning of surgery you should take your regular heart or blood pressure medications with a sip of water

- Diabetic patients **SHOULD NOT** take diabetes tablets, or have insulin injections, on the day of surgery, as they will be fasting and this could cause a low blood sugar level.

### **Other Precautions to prevent infection**

- Do not have any other surgery or dental work done for two weeks before your implant as this can lead to a greater risk of infection.

- Please let us know if you have any fevers, or other signs of infection leading up to your implant surgery.