

PATIENT INFORMATION PRE-OPERATIVE INSTRUCTIONS FOR PENILE IMPLANT SURGERY

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SPECIALIST IN:

Penile Implant Surgery

Erectile Dysfunction

Peyronie's Disease

BPH Management

Greenlight Laser

Penile Rehabilitation

Incontinence after Cancer

"No Scalpel" Vasectomy

Men's Health Advice

Stone Disease

General Urology

One - two weeks before surgery

- **Make sure you have had your pre-operative blood tests and urine test done, so we can check the results are OK, and won't delay your operation**

- **Work out if you will need to stop blood-thinning medications, according to the instructions below**

- **Inspect the skin around the genital area in the days leading up to your operation. If you notice any pimples, boils, cuts or scratches you must report those to Dr. Love a few days before surgery so we can see how significant they may be. We may even need to postpone your surgery if there are areas like this that can increase the infection risk.**

Blood-thinning medications

- **Cease Aspirin 7 days before surgery**

- **Plavix or Iscover must be ceased 7 days before surgery**

- **Warfarin must be ceased 4 days before surgery.**

- **Pradaxa/ Xarelto/ Eliquis should be ceased 3 days before surgery**

- **Some patients on these blood-thinning medications will require substitute medications during this time, and should check with Dr. Love and their GP about that**

3 days before surgery

- **Purchase Chlorhexidine Surgical Handwash 500ml from your pharmacy. (Gamophen or Sapoderm soap is an alternative)**

- Wash with the solution twice a day for 3 days before surgery, using it on all the areas between the belly-button and the knees, and particularly around the genital area, around the anus and in the skin creases.

- A shave of the operative area will be part of the procedure.

- **DO NOT SHAVE** the operative area yourself before surgery.

- Get the prescriptions we have sent you made up at your chemist:

One is for Bactrim DS, and antibiotic. (If you are allergic to Sulpha antibiotics, another medication will be used).

The other prescriptions are for Endone or Targin (both strong painkillers, as well as Tramal, a moderate strength painkiller, for use when you get home from hospital, but get them organised now. Let us know if you have allergies to any of these

One day before surgery (the day before admission).

- Start the Bactrim DS antibiotic (or substitute if allergic to Sulpha)

- This tablet is taken twice a day, morning and night, commencing the morning of the day before your surgery

- Bring the tablets with you to hospital, and you will be allowed to take one the morning of surgery with a small sip of water even though you are fasting, and will start them again when you leave hospital.

- Other medications

- You should continue all your other routine medications as prescribed by your GP

Admission to hospital and Fasting

- Follow the instructions you will receive separately about admission times and procedures.

- You will need to be admitted at least 2 hours before surgery, to enable intravenous antibiotics to be given prior to your surgery.

If you are coming from a rural area, interstate, or if your surgery is early in the morning, you may need to come to hospital the night before surgery to enable this to happen.

- Have nothing to eat for 8 hours, and nothing to drink for 6 hours before your surgery, with the exception of the sips of water for medications, as mentioned above and below.
- The morning of surgery you should take your regular heart or blood pressure medications with a sip of water
- Diabetic patients **SHOULD NOT** take diabetes tablets, or have insulin injections, on the day of surgery, as they will be fasting and this could cause a low blood sugar level.

Other Precautions to prevent infection

- Do not have any other surgery or dental work done for two weeks before your implant as this can lead to a greater risk of infection.
- Please let us know if you have any fevers, or other signs of infection leading up to your implant surgery.