

ERECTILE DYSFUNCTION QUESTIONNAIRE

In order to help understand your problem, we ask that you complete this questionnaire

Name: _____ Date of Birth: / / Age: _____

Marital status: Single / Married / De Facto / Regular partner / Widowed

1. Do you have problems either:

- | | | | |
|---|---|---|-----------|
| a. Getting an erection | Y | N | Sometimes |
| b. Keeping your erection | Y | N | Sometimes |
| c. Both getting and keeping an erection | | | |

2. When did you first notice a change in your erections (approximate month or year)? _____

3. Do you recall any events that occurred around the same time that may have contributed to the problem?

- | | | |
|------------------------------------|---|---|
| a. Marital / relationship problems | Y | N |
| b. Illness or surgery | Y | N |
| c. Financial problems | Y | N |
| d. Loss of job | Y | N |
| e. Death in the family | Y | N |

Use this scale to describe your erections in the following questions 4, 5 & 6
Grade 1 - penis larger than normal, but not hard
Grade 2 - penis is hard, but not hard enough for penetration
Grade 3 - penis is hard enough for penetration, but not completely hard
Grade 4 - penis is completely hard and fully rigid

4. What is the grade of your erections now? (using the above scale): _____

5. Do you have an erection or semi-erection as you wake in the morning? Y N Sometimes

- a. How often? Most days / Every week or so
- b. Grade of erection (using the scale above): _____

6. Do you ever wake at night and notice an erection or semi-erection? Y N Sometimes

- a. How often? Most days / Every week or so
- b. Grade of erection (using the scale above): _____

7. Do other types of stimulus improve your erections? Things such as masturbation, oral sex, pornography?

Y N Sometimes

8. Are your erections firm enough for penetrative sex? Y N Sometimes
9. Do you ever notice any increase or decrease in your erections with posture changes?
Y N Sometimes
If so, what position is best? Standing up / Lying down/ Sitting
10. Are you concerned about the appearance of your penis such as:
Bend or curvature / Lumps / Loss of length
11. When was the last time you had successful intercourse? _____
12. Do you consider your desire for sex normal? Y N
13. Are you able to ejaculate? Y N Sometimes
- By what method: Intercourse Masturbation Oral sex
Does the semen: Spurt out Flow out slowly
14. Do you have premature ejaculation? Y N Sometimes
- If yes, occasionally or every time? _____ Lifelong Recent onset
15. Have you noticed any change in the sensation of your penis? Y N Sometimes
- Decreased Increased Numbness Pain
- Date first noticed change in sensation: _____
16. Do you have a regular sexual partner at this time? Y N Occasional
17. Has your problem with erectile dysfunction affected your relationship with your partner?
Y N Sometimes

18. In the past have you been on any treatment for erectile dysfunction? Y N

If yes, please indicate treatment type and dates of treatment

Treatment Date(s)

- Oral medication
- Vacuum device
- Testosterone patches or injections
- Urethral Pellet (MUSE) or gel
- Penile injections
- Shockwave therapy
- PRP
- Surgery/implants

19. Are you currently using medications prescribed for erectile dysfunction? Y N

If yes, what: _____

20. Do you have any problems with urination? Y N Sometimes

If yes, please circle the problem(s) and frequency of problem(s)

Frequency during day night

Urgency or leakage of urine: rarely sometimes almost always

Difficulty starting stream: rarely sometimes almost always

21. Are you taking any prescription medications, including aspirin and vitamins? Y N

Please list all medications:

22. In the past, have you had major surgery? Y N

If so, please circle those that apply and please indicate approximate dates of surgery:

Surgery _____ Date(s) _____

Back/spine

Prostate

Heart/blood vessels

Penis

Bowel

Organ transplants

23. Do you have problems with?

Shortness of breath or leg pain Y N

Climbing 1 or 2 flights of stairs Y N

Walking 5 or 6 blocks Y N

24. Tobacco use: Never smoked Currently smoke Smoked in the past

If you smoke, how many per: Day Week Month _____

Have you quit? Y N *If yes, when?* _____

Beer Wine Spirits

25. Alcohol consumption: do you currently consume alcoholic beverages? Y N

Have you consumed alcohol in the past? Y N

How much per: day week _____ Beer Wine Spirits

How long for? _____ When did you quit? _____

26. Do you have a history of anxiety / depression? Y N

If yes, please explain: _____

Are you currently receiving therapy for your anxiety /depression? Y N

Are you currently taking prescribed medication for anxiety /depression? Y N

If yes, please list medication(s): _____

27. Do you have a history of other emotional or psychiatric problems? Y N

If yes, please explain: _____