

## ERECTILE DYSFUNCTION QUESTIONNAIRE

In order to help understand your problem, we ask that you complete this questionnaire

Name: \_\_\_\_\_ Date of Birth: / / Age: \_\_\_\_\_

Marital status: Single / Married / De Facto / Regular partner / Widowed

1. Do you have problems either:

- |   |   |   |           |
|---|---|---|-----------|
| a. Getting an erection                  | Y | N | Sometimes |
| b. Keeping your erection                | Y | N | Sometimes |
| c. Both getting and keeping an erection |   |   |           |

2. When did you first notice a change in your erections (approximate month or year)? \_\_\_\_\_

3. Do you recall any events that occurred around the same time that may have contributed to the problem?

- |                                    |   |   |
|------------------------------------|---|---|
| a. Marital / relationship problems | Y | N |
| b. Illness or surgery              | Y | N |
| c. Financial problems              | Y | N |
| d. Loss of job                     | Y | N |
| e. Death in the family             | Y | N |

*Use this scale to describe your erections in the following questions 4, 5 & 6*

*Grade 1 - penis larger than normal, but not hard*

*Grade 2 - penis is hard, but not hard enough for penetration*

*Grade 3 - penis is hard enough for penetration, but not completely hard*

*Grade 4 - penis is completely hard and fully rigid*

4. What is the grade of your erections currently? (using the above scale): \_\_\_\_\_

5. Do you have an erection or semi-erection as you wake in the morning? Y N Sometimes

- a. How often? Most days / Every week or so
- b. Grade of erection (using the scale above): \_\_\_\_\_

6. Do you ever wake at night and notice an erection or semi-erection? Y N Sometimes

- a. How often? Most days / Every week or so
- b. Grade of erection (using the scale above): \_\_\_\_\_

7. Do other types of stimulus improve your erections? Things such as masturbation, oral sex, pornography?

Y N Sometimes

8. Are your erections firm enough for penetrative sex? Y N Sometimes
9. Do you ever notice any increase or decrease in your erections with position changes?  
Y N Sometimes  
What position is best? \_\_\_\_\_
10. Are you concerned about the appearance of your penis such as:  
Bend or curvature / Lumps / Loss of length
11. When was the last time you had successful intercourse? \_\_\_\_\_
12. Do you consider your desire for sex normal? Y N
13. Are you able to ejaculate? Y N Sometimes  
By what method:  Intercourse  Masturbation  Oral sex  
Does the semen:  Spurt out  Flow out slowly
14. Do you have premature ejaculation? Y N Sometimes  
If yes, occasionally or every time? \_\_\_\_\_  Lifelong  Recent onset
15. Have you noticed any change in the sensation of your penis? Y N Sometimes  
 Decreased  Increased  Numbness  Pain  
Date first noticed change in sensation: \_\_\_\_\_
16. Do you have a regular sexual partner at this time? Y N Occasional
17. Has your problem with erectile dysfunction affected your relationship with your partner?  
Y N Sometimes

18. In the past have you received treatment for erectile dysfunction Y N

*If yes, please indicate treatment type and dates of treatment*

Treatment Date(s)

- Oral medication
- Vacuum device
- Testosterone patches or injections
- Urethral Pellet (MUSE) or gel
- Penile injections
- Shockwave therapy
- PRP
- Surgery/implants

19. Are you currently using medications prescribed for erectile dysfunction? Y N

*If yes, what:* \_\_\_\_\_

20. Do you have any problems with urination? Y N Sometimes

*If yes, please circle the problem(s) and frequency of problem(s)*

- Frequency during  day  night
- Urgency or leakage of urine: rarely sometimes almost always
- Difficulty starting stream: rarely sometimes almost always

21. Are you taking any prescription medications including aspirin and vitamins? Y N

*Please list all medications:*

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22. In the past, have you had major surgery? Y N

*If so, please circle those that apply and please indicate approximate dates of surgery:*

Surgery \_\_\_\_\_ Date(s) \_\_\_\_\_

- Back/spine
- Prostate
- Heart/blood vessels
- Penis
- Bowel
- Organ transplants

23. Do you have problems with?

Shortness of breath or leg pain	Y	N
Climbing 1 or 2 flights of stairs	Y	N
Walking 5 or 6 blocks	Y	N

24. Tobacco use:  Never smoked  Currently smoke  Smoked in the past

*If you smoke*, how many per: Day Week Month \_\_\_\_\_

Have you quit? Y N *If yes, when?* \_\_\_\_\_

Beer  Wine  Spirits

25. Alcohol consumption: do you currently consume alcoholic beverages? Y N

Have you consumed alcohol in the past? Y N

How much per: day week \_\_\_\_\_  Beer  Wine  Spirits

How long for? \_\_\_\_\_ When did you quit? \_\_\_\_\_

26. Do you have a history of anxiety / depression? Y N

*If yes, please explain:* \_\_\_\_\_

Are you currently receiving therapy for your anxiety /depression? Y N

Are you currently taking prescribed medication for anxiety /depression? Y N

*If yes, please list medication(s):* \_\_\_\_\_

27. Do you have a history of other emotional or psychiatric problems? Y N

*If yes, please explain:* \_\_\_\_\_